



# SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE

Aided and Affiliated to University of Calicut, NAAC Accredited with B+ Grade

Phone (Office) : 0466-2268285 | Email : principalvtbcollege@gmail.com



## CRITERION - III RESEARCH, INNOVATIONS AND EXTENSION

### 3.4 Extension Activities



[www.vtb.ac.in](http://www.vtb.ac.in)



Mannampatta P.O., Palakkad - 678 633

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3.4.3 Number of extension and outreach programmes conducted by the institution through organized forums including NSS/NCC with involvement of community during 2022-23.

Sl. No	Name of the activity	Organising unit/ agency/ collaborating agency	Page No
1	Ramakathasudha- Awareness class on versions of Ramayana to students of Sreekrishnapuram and Vellinezhi HSS	National Service Scheme & Department of Sanskrit	4
2	Sramadanam' : Helping Hand to Rajesh	National Service Scheme	9
3	Caring Hands: NSS Palliative Care Initiative	National Service Scheme & Suchitwa Mission	12
4	Gender Awareness Campaign: NABARD Women's Day Fair	National Service Scheme & Women Development Cell	14
5	Joyful Hearts: A Cultural Evening with Palliative Care Patients	National Service Scheme & University Flagship Project Koode	17
6	Life Savers: NSS Blood Donation Drive	National Service Scheme & Blood Bank ,Government Hospital , Kadampazhipuram	20
7	River Restoration Initiative: Thelineer Ozhukum Nava Keralam	National Service Scheme & Mannarkkad Municipality	23
8	Cyber Safety Awareness Programme for Students of Helen Keller Centenary Memorial Model School for Blind, Kottapuram	National Service Scheme & Helen Keller Centenary Memorial Model School for Blind Kottapuram	26
9	Empowering Parents: Preventing Youth Drug Abuse	National Service Scheme	28
10	Girls' Empowerment: Self-Defense Workshop	National Service Scheme & Women Development Cell	31



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11	Cleaning at Idukki Wild Sanctuary	National Service Scheme	34
12	Inspiring Change: Understanding the Visually Impaired Community	National Service Scheme	37
13	Beautification of Helen Keller Memorial Blind School	National Service Scheme	40
14	Nurturing Forest Campaign	Nurturing Forest Campaign	42
15	Anti- Tobacco campaign in Kadampazhipuram Village	National Service Scheme	45
16	Microenterprise Donation- Gifting a Petty shop to Disabled Person	National Service Scheme	48
17	Khadi Expo: Promotion of Khadi Products in a Public Setting	National Service Scheme & ED Club	51
18	Mastering Paper Files: The Art of Organisation	National Service Scheme & ED Club	53
19	Smoke-Free Globe: Rally against Drug Abuse at Sreekrishnapuram Village	National Service Scheme	55
20	Awareness program on PCOS-Myths and Facts	National Service Scheme, Women Development Cell	57
21	Awareness Programame on Stree Surakshayude Samakalika Manangal	National Service Scheme, Women Development Cell, & ICDS Sreekrishnapuram	59
22	Cleaning Drive in Kottakkunnu	National Service Scheme & Suchitwa Mission	61
23	A Public Awareness Campaign on International Day for Violence against Women	National Service Scheme & Women Development Cell	63
24	Safe Streets and Drug-Free Lives-Rally against Drug Abuse at Kadampazhipuram Village	National Service Scheme	65



**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Ramakathasudha- Awareness class on versions of Ramayana to  
students of Sreekrishnapuram and Vellinezhi HSS**

<b>Programme Details in a Nutshell</b>	
<b>Name of the event</b>	Ramakathasudha- Awareness class on versions of Ramayana to Students of Sreekrishnapuram and Vellinezhi HSS
<b>Nature of the event</b>	Extension Activity
<b>Objectives</b>	To help, uplift, and support those who are deprived of certain services and rights. It involves giving learning, social planning, health support, and other projects for their welfare
<b>Date and time</b>	29/08/2022 and 31/08/2022
<b>Duration</b>	3 Days
<b>Venue</b>	Sreekrishnapuram HSS and Vellinezhi HSS
<b>Organizing Department</b>	NSS & Department of Sanskrit
<b>Coordinator</b>	Sruthi P A
<b>Outcome</b>	To Improve Learning, Promoting and Strengthening Communities Through Addressing SocialNeeds



## Programme Report

The Sanskrit Department of SVTB College, Mannampatta, organized an outreach program called "RAMAKATHASUDHA" from August 29, 2022, to August 30, 2022, in conjunction with the Ramayanamasa celebration. Ramayanamasa is a month dedicated to the Ramayana, aiming to propagate its story and the significance of Rama's life. Traditionally, this period involved reading the entire Ramayana throughout the month of Malayalam.

In contrast, fewer people today dedicate themselves to daily readings of the text during Karkkidakam. Many now read only in the evening or at night, whereas traditionally, readings were conducted throughout the entire day.

To honour this tradition, the Department celebrated Ramayana month with this programme. Third-year degree students were selected to participate and were thoroughly prepared for the event.

The students presented their views on the prescribed topic through PowerPoint presentations at nearby higher secondary schools. Vellinezhi Higher Secondary School was the first venue for their presentation, followed by Sreekrishnapuram Higher Secondary School, where they introduced the Ramayanakathasara. The school children were highly engaged, and our students delivered their presentations effectively. Overall, the program was a success.

The link for the programme is suggested below

<https://drive.google.com/file/d/1aJdQG31r6CsytN818sE5VajrWGgqwoS5/view?usp=sharing>

From  
HOD, Department of Sanskrit  
Sreekrishnapuram V. T. Bhattaripad College, Mannampatta

To  
The Principal  
Respected Sir,

Sub: Permission for conducting an outreach programme 'Ramakathasudha'


We are happy to inform you that Department of Sanskrit has conducting 'Ramakathasudha' an outreach programme relating Ramayanamasacarana on 29-08-2022 to 31-08-2022. Final year students of Department of Sanskrit will take classes for Higher Secondary students on the topic 'Versions of Ramayana'. Sreekrishnapuram HSS and Vellinezhi HSS are selected for the Programme. Following students are selected for the programme:


1. Akshita U.
2. Roshni R.
3. Syama P.
4. Anila P.
5. Vishnu A. N.
6. Aiswarya M. S.

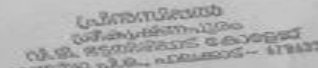
We request you to kindly grant the permission for conducting the programme.

Yours faithfully  
Dr. Parvathy K. P.  
(HOD, Department of Sanskrit)

Mannampatta  
29-08-2022











DEPARTMENT OF SANSKRIT  
SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE  
MANNAMPATTA, PALAKKAD, KERALA

*Celebrates Ramayanamasa*

PROGRAMMES - प्रश्नोत्तरी  
उपन्यासरचना  
रामायणपारायणम्



DATE: 10-08-2022 TO 16-08-2022  
VENUE: SEMINAR HALL

## रामकथासुधा

AN OUTREACH PROGRAMME OF  
DEPARTMENT OF SANSKRIT  
CLASSES FOR THE +2LEVEL STUDENTS

AT: SREEKRISHNAPURAM HSS  
VELLINEZHI HSS

DATE: 29-08-2022 & 30-08-2022





DEPARTMENT OF SANSKRIT  
SREEKRISHNAPURAM V.T. BHATTATHIRIPPAD COLLEGE, MANNAMPATTA,  
PALAKKAD.

Feedback form

Kindly spend few minutes..... Your feedbacks are valuable to us.....

Give tick to your choice.....

Rating	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
The class fulfilled the learning goals	<input checked="" type="checkbox"/>				
All sessions were interactive	<input checked="" type="checkbox"/>				
The class enhanced my knowledge in the topic	<input checked="" type="checkbox"/>				
I wish to participate in another class like this	<input checked="" type="checkbox"/>				

Class: S<sub>2</sub>B

Name of the School: GHSS VELLINEZHI



കേരള സർവ്വകലാശാലയുടെ  
നിയമനിയമങ്ങൾ  
പ്രകാരം പരിശോധിച്ചിട്ടുണ്ട്  
പരിഷ്കാരം: 2013



DEPARTMENT OF SANSKRIT  
SREEKRISHNAPURAM V.T. BHATTATHIRIPPAD COLLEGE, MANNAMPATTA,  
PALAKKAD.

Feedback form

Kindly spend few minutes..... Your feedbacks are valuable to us.....

Give tick to your choice.....

Rating	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
The class fulfilled the learning goals	<input checked="" type="checkbox"/>				
All sessions were interactive	<input checked="" type="checkbox"/>				
The class enhanced my knowledge in the topic	<input checked="" type="checkbox"/>				
I wish to participate in another class like this	<input checked="" type="checkbox"/>				

Class: S<sub>2</sub>A +2

Name of the School: G.H.S. vellinezhi



കേരള സർവ്വകലാശാലയുടെ  
നിയമനിയമങ്ങൾ  
പ്രകാരം പരിശോധിച്ചിട്ടുണ്ട്  
പരിഷ്കാരം: 2013



DEPARTMENT OF SANSKRIT  
SREEKRISHNAPURAM V.T. BHATTATHIRIPPAD COLLEGE, MANNAMPATTA,  
PALAKKAD.

Feedback form

Kindly spend few minutes..... Your feedbacks are valuable to us.....

Give tick to your choice.....

Rating	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
The class fulfilled the learning goals	<input checked="" type="checkbox"/>				
All sessions were interactive	<input checked="" type="checkbox"/>				
The class enhanced my knowledge in the topic	<input checked="" type="checkbox"/>				
I wish to participate in another class like this	<input checked="" type="checkbox"/>				

Class: S<sub>2</sub>A

Name of the School: GHSS VELLINEZHI



കേരള സർവ്വകലാശാലയുടെ  
നിയമനിയമങ്ങൾ  
പ്രകാരം പരിശോധിച്ചിട്ടുണ്ട്  
പരിഷ്കാരം: 2013



DEPARTMENT OF SANSKRIT  
SREEKRISHNAPURAM V.T. BHATTATHIRIPPAD COLLEGE, MANNAMPATTA,  
PALAKKAD.

Feedback form

Kindly spend few minutes..... Your feedbacks are valuable to us.....

Give tick to your choice.....

Rating	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
The class fulfilled the learning goals	<input checked="" type="checkbox"/>				
All sessions were interactive	<input checked="" type="checkbox"/>				
The class enhanced my knowledge in the topic	<input checked="" type="checkbox"/>				
I wish to participate in another class like this	<input checked="" type="checkbox"/>				

Class: S<sub>2</sub>B

Name of the School: GHSS VELLINEZHI



കേരള സർവ്വകലാശാലയുടെ  
നിയമനിയമങ്ങൾ  
പ്രകാരം പരിശോധിച്ചിട്ടുണ്ട്  
പരിഷ്കാരം: 2013







DEPARTMENT OF SANSKRIT  
SREEKRISHNAPURAM V.T. BHATTATHIRIPPAD COLLEGE, MANNAMPATTA,  
PALAKKAD.

Feedback form

Kindly spend few minutes..... Your feedbacks are valuable to us.....

Give tick to your choice.....

Rating	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
The class fulfilled the learning goals	✓				
All sessions were interactive	✓				
The class enhanced my knowledge in the topic		✓			
I wish to participate in another class like this	✓				

Class: XI - Bio

Name of the School: HSS Skp



DEPARTMENT OF SANSKRIT  
SREEKRISHNAPURAM V.T. BHATTATHIRIPPAD COLLEGE, MANNAMPATTA,  
PALAKKAD.

Feedback form

Kindly spend few minutes..... Your feedbacks are valuable to us.....

Give tick to your choice.....

Rating	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
The class fulfilled the learning goals	✓				
All sessions were interactive	✓				
The class enhanced my knowledge in the topic	✓				
I wish to participate in another class like this	✓				

Class: +1 Bio

Name of the School: S.K.P.H.S.S

ശ്രീകൃഷ്ണപുരം വ.ടി. ഭട്ടാതിരിപ്പാട് കോളേജ്, മണ്ണാമ്പാട്ട്, പാലക്കാട് - 678 633



DEPARTMENT OF SANSKRIT  
SREEKRISHNAPURAM V.T. BHATTATHIRIPPAD COLLEGE, MANNAMPATTA,  
PALAKKAD.

Feedback form

Kindly spend few minutes..... Your feedbacks are valuable to us.....

Give tick to your choice.....

Rating	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
The class fulfilled the learning goals	✓				
All sessions were interactive		✓			
The class enhanced my knowledge in the topic	✓				
I wish to participate in another class like this	✓				

Class: plus one humanities

Name of the School: skp hss



ശ്രീകൃഷ്ണപുരം വ.ടി. ഭട്ടാതിരിപ്പാട് കോളേജ്, മണ്ണാമ്പാട്ട്, പാലക്കാട് - 678 633







**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on 'Sramadanam': Helping Hand to Rajesh**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	'Sramadanam': Helping Hand to Rajesh
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To help in the construction of house for Rajesh in the form of manual labour
<b>Date and Time</b>	May 10
<b>Duration</b>	2 Days
<b>Beneficiaries</b>	Mr. Rajesh & his family
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Associating Agency</b>	Mathrubhumi and Chittilapally foundation
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	Helped Sri. Rajesh in constructing a house



# Programme Report

The NSS volunteers from our college displayed immense enthusiasm and dedication while participating in the construction of a house for Rajesh. This noble initiative was a collaborative effort by Mathrubhumi and the Chittilapally Foundation. The volunteers worked tirelessly, demonstrating exceptional teamwork and a strong commitment to social service. Their involvement included tasks such as laying the foundation, mixing cement, and assisting skilled laborers with bricklaying and other construction activities. This project not only provided a new home for Rajesh but also offered our students a valuable opportunity to engage in meaningful community service, develop practical skills, and foster a sense of solidarity and compassion. The collective effort and spirit of our NSS volunteers played a significant role in bringing this project to fruition, showcasing their dedication to making a positive impact on society. Their participation in this project is a testament to their willingness to contribute to the welfare of the community.

## Gallery



### മാതൃഭൂമി-കെ. ചിറ്റിലപ്പിള്ളി ഫൗണ്ടേഷന്റെ 'എന്റെ വീട്' പദ്ധതി രാജേഷും കുടുംബവും ഇനി സ്വപ്നഭവനത്തിൽ



കെ. ചിറ്റിലപ്പിള്ളി ഫൗണ്ടേഷൻ 'മാതൃഭൂമി'യുമായി ചേർന്ന് നടപ്പാക്കുന്ന 'എന്റെ വീട്' പദ്ധതിയിൽ പാലക്കാട് കടമ്പപ്പുഴ പഞ്ചായത്തിൽ പതിനാലാം ഫാർം വട്ടംതിരുത്തി കോന്നംകോട്ടിൽ രാജേഷിന് നിർമ്മിക്കുന്നതകിയ വീടിന്റെ താക്കോൽ കെ. പ്രേംകുമാർ എം.എൽ.എ. കൈമാറുന്നു

**കടമ്പപ്പുഴ** - വട്ടംതിരുത്തി കോന്നംകോട്ടിൽ വീട്ടിൽ രാജേഷും കുടുംബവും ഇനി സ്വന്തമായി സ്വന്തം വീട്ടിൽ അന്തിയുറങ്ങും. 'മാതൃഭൂമി യൂട്' കെ. ചിറ്റിലപ്പിള്ളി ഫൗണ്ടേഷനും ചേർന്ന് 'എന്റെ വീട്' പദ്ധതിയിൽ നിർമ്മിച്ച വീടിന്റെ താക്കോൽ ചൊവ്വാഴ്ച രാവിലെ നടന്ന ചടങ്ങിൽ കെ. പ്രേംകുമാർ എം.എൽ.എ. കൈമാറി.

സമീപവരുമാനകില്ലാതെ ഒറ്റകൂറി ഷെഡ്ജിൽ താമസിച്ചിരുന്ന രാജേഷിന്റെയും കുടുംബത്തിന്റെയും സ്വന്തംവീട്നടന്ന സ്വപ്നം ഇതോടെ സാക്ഷാതകരിച്ചു. മോപുരം ബിൽഡേഴ്സ് ഉടമ കെ. വിമലാജ് വീട് നിർമ്മിച്ചത്. വി.ടി.ബി. കോളേജിലെ എൻ.എസ്.എസ്. യൂണിറ്റും ഇതിനുള്ള പുരം എൻജിനീയറിങ് കോളേജ് വിദ്യാർത്ഥികളും വിവിധ സമാഹരണങ്ങളും നിർമ്മാണ പ്രവർത്തനങ്ങളിൽ സഹകരിച്ചു. പദ്ധതിയനുസരിച്ച് പാലക്കാട് ജില്ലയിൽ നിർമ്മാണം പൂർത്തിയാക്കിയ രണ്ടാമത്തെ വീടാണിത്.



താക്കോൽ കൈമാറച്ചടങ്ങിൽ 'മാതൃഭൂമി' സ്റ്റാൻ എഡിറ്റർ പി. മനോജ് അധ്യക്ഷനായി. കടമ്പപ്പുഴ ഗ്രാമപഞ്ചായത്ത് പ്രസിഡന്റ് പി. ശാന്തകുമാർ മുഖ്യാതിഥിയായി. വൈസർ പ്രസിഡന്റ് കെ. ഇദീലത, വാർഡ് അംഗം സുനിത ഉദയൻ, വീട് നിർമ്മാണസമിതി പ്രസിഡന്റ് കെ. വാസുദേവൻ, എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർ ഐ.എൻ. ശ്രീ. 'മാതൃഭൂമി' യൂണിറ്റ് മാനേജർ ആർ.പി. മോഹൻദാസ്, പ്രത്യേക ലേഖകൻ വി. ഹരിശോവിന്ദൻ തൃക്കങ്ങിയൂർ സംസാരിച്ചു.



## List of Participants



### SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE MANNAMPATTA, PALAKKAD

Attendance for NSS Activities 2022-23

Name of the Programme: 'Sramadanam' : Helping Hand to Rajesh

Sl no:	Name	Signature
1.	AISWARYA G	
2.	AKHILESH V P	
3.	AMIRTHA. U	
4.	ANJU VP	
5.	ASWATHI. A. V	
6.	ATHULPRAKASH.M.J	
7.	JITHIN A	
8.	MONISHA K	
9.	VAISHNAVI U	
10.	VIGNESH.K	
11.	AISWARYA K	
12.	DEVIKA RAVI P	







**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**  
**Report on Caring Hands: NSS Palliative Care Initiative**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Caring Hands: NSS Palliative Care Initiative
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	Compassionate care to terminally ill patients
<b>Date and Time</b>	August 17
<b>Duration</b>	Full day
<b>Beneficiaries</b>	Palliative care patients of Kaniv Palliative Centre
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Associating Agency</b>	Kaniv palliative unit kadambazhipuram
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	The participants recognise the importance of palliative care.



## Programme Report

The NSS students from our college, joined hands with Kaniv Palliative Center and actively engaged in palliative work, extending compassionate care to terminally ill patients within our local community. Demonstrating a profound commitment to service, these dedicated volunteers provided both physical and emotional support, significantly enhancing the quality of life for the patients. Their involvement included offering companionship, assisting with daily tasks such as feeding and mobility, and providing a comforting presence during challenging times. The volunteers also took time to listen to patients' stories and concerns, ensuring they felt heard and valued. This initiative not only alleviated some of the burdens faced by the patients and their families but also exemplified the true spirit of selfless service and empathy. Through their actions, the NSS volunteers showcased a deep sense of humanity and solidarity, creating a supportive and caring environment. Their unwavering dedication and compassionate approach made a meaningful difference in the lives of those they served, highlighting the impact of community-based palliative care.

## Gallery





**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Gender Awareness Campaign: NABARD Women's Day Fair**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Gender Awareness Campaign: NABARD Women's Day Fair
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	Offer workshops, seminars, and training sessions aimed at enhancing skills and knowledge beneficial to women's personal and professional development
<b>Resource persons</b>	Rama. R , Shibu. A.R, K. Baiju
<b>Date and Time</b>	10/03/2023-13/03/2023
<b>Duration</b>	Three Days
<b>Beneficiaries</b>	NABARD Women's Day Fair aims to enhance the knowledge and skills of women through workshops, seminars, and training sessions, ultimately supporting their personal and professional development.
<b>Venue or Platform</b>	Kadambazhipuram bus Stand
<b>Organizing dept./ Cell</b>	NSS & Women Development Cell
<b>Coordinator</b>	Divya c
<b>Associating Agency</b>	ICDC kadambazhipuram
<b>Outcome / Benefit of the Programme</b>	Knowledge and Skill enhancement of the participants





## Programme Report

The Workshop on Women's Day as part of NABARD Programme for women organized by NABARD was conducted on 10/03/2023 to 13/03/2023.

The NABARD Women's Day Fair was held on March 10, 11, and 12 at the Katampazhipuram Bus Stand, coordinated by ICDC Kadambazhipuram and the Women Development Cell of Sreekrishnapuram V.T. Bhattathiripad College. Approximately forty students from the college participated over the three days, and a stall showcasing handicrafts was set up by the students.

On the first day, the program began with a welcome speech by Sri. Deepa A.T., CEO of ICDC. The event was inaugurated by Sri. C.K. Rajendran, former MLA. This was followed by a Women Empowerment class and a Women's Seminar, which covered issues faced by women and government programs designed to support them. The informative session was well-received, and the day concluded with art and cultural performances starting at 5 p.m.

On March 11, the second day of the fair, the program opened with a welcome speech by Sri. Deepa A.T. The inauguration was done by Adv. K. Santha Kumari, MLA of Kongad. The session included a seminar on "Agriculture Sector and Projects" led by Sri. Shibu A.R., Agricultural Assistant Director, Sreekrishnapuram. He discussed various government policies that support agriculture. The session was highly beneficial to the participants and ended with a vote of thanks by Deepa V.R., Administrative Manager of ICDC.

**March 12** - The final day of the Women's Day Fair began with a welcome speech by Ms. Deepa A.T., CEO of ICDC. The program was inaugurated by Sri. Suresh Raj, Chairman of CAMCO Ltd. Following the inauguration, Sri. K. Biju, Industrial Development Officer of Sreekrishnapuram, led a seminar on "Industrial Sector and Projects." He outlined the steps to start a business and discussed government policies that provide assistance. The session was highly informative for the audience. The event concluded with a vote of thanks by Sri. Santhosh E.V., Shop Manager of Jan Oushadhi. Participation certificates were awarded to 20 students.

## Gallery









**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Joyful Hearts: A Cultural Evening with Palliative Care Patients**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Joyful Hearts: A Cultural Evening with Palliative Care Patients
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To help Kaniv Palliative Clinic to conduct Palliative Day
<b>Date and Time</b>	September 9
<b>Duration</b>	Full day
<b>Beneficiaries</b>	Palliative Care Patients of Kaniv Palliative Clinic
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Associating Agency</b>	Kaniv Paliative Care unit, Katambazhipuram
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	By helping the underprivileged sections celebrate, the students realised the importance of empathy.





## Programme Report

NSS volunteers from our unit enthusiastically participated in a cultural program organized by Kaniv Palliative Centre, Kadambazhipuram, featuring palliative care patients as the main participants. Our volunteers played a crucial role in assisting with the smooth execution of the event, showcasing their commitment to community service and social welfare. They provided support in various aspects, including setting up the venue, arranging seating, and ensuring the comfort and convenience of the patients. The volunteers also assisted in coordinating the performances and managing the schedule, allowing the patients to fully engage and enjoy the program. The event was a heartwarming experience, bringing joy and a sense of normalcy to the lives of the patients. Through music, dance, and other cultural activities, the program fostered a sense of community and uplifted the spirits of everyone involved. Our NSS volunteers' involvement not only helped in the successful conduct of the event but also highlighted their dedication to making a positive impact on the lives of palliative care patients.

## Gallery



## List of Participants



**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE**  
**MANNAMPATTA, PALAKKAD**  
**Attendance for NSS Activities 2022-23**

**Name of the Programme: Joyful Hearts: A Cultural Evening with Palliative Care Patients**

Sl no:	Name	Signature
1.	SANDHYA. M	
2.	NIVEDH. M	
3.	DHANYA C	
4.	NITHEESHKUMAR R	
5.	ADHARSH V	
6.	SUBITHA C	
7.	VISMAYA. P	
8.	AMEGHIA N	
9.	ARYA k	
10.	FAHIMA.M	
11.	HARITHA K R	
12.	KAVYA SURESH. SS	
13.	NAMITHA. S	
14.	NISHIMADAS.C	
15.	SUBHANYA. S	
16.	AKSHAYA V	
17.	AMRUTHA K	
18.	AMRUTHA T	
19.	ASWATHY. P S	
20.	ATHIRA KP	
21.	KARTHIKA.V.K	
22.	KRISHNENDU.V.V	





**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Life Savers: NSS Blood Donation Drive**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Life Savers: NSS Blood Donation Drive
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To donate blood to Blood Bank.
<b>Date and Time</b>	September 30
<b>Duration</b>	Full day
<b>Beneficiaries</b>	Blood Bank, Mannarkad
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Associating Agency</b>	Blood Bank, Mannarkad
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	The event promoted the noble cause of saving lives and fostering a sense of unity and community engagement.





## Programme Report

The blood donation camp, jointly organized by our NSS units and the Mannarkad Blood Bank, witnessed an impressive turnout, reflecting the strong community spirit and altruism among our students. Volunteers came forward in large numbers to donate blood, contributing significantly to the blood bank's reserves. This remarkable participation underscored the importance of saving lives and provided a vital resource for those in urgent need of transfusions. The event was meticulously planned and executed, with proper medical supervision and safety protocols in place to ensure a smooth and safe donation process. In addition to the immediate benefits of the blood collected, the camp also promoted awareness about the critical need for regular blood donations and the impact it can have on the health and well-being of the community. The event fostered a sense of unity and civic responsibility, highlighting the compassionate and proactive spirit of our students. Through their selfless contributions, the participants demonstrated the profound impact of collective action in addressing healthcare challenges and supporting those in need.

## Gallery



## List of Participants

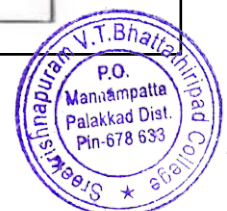


**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE  
MANNAMPATTA, PALAKKAD  
Attendance for NSS Activities 2022-23**

**Name of the Programme: Life Savers: NSS Blood Donation Drive**

Sl no:	Name	Signature
1.	NANDANA P	Nandana P.
2.	PRAVEENA V.C	Praveena
3.	SNEHA KA	Sneha
4.	SURYA S	Surya
5.	VISMAYA C P	Vismaya
6.	ABHIJITH J	Abhi
7.	AHALYA C T	Ahalya
8.	AKASH P	Akash
9.	ANIRUDH M A	Anirudh
10.	ARUN V P	Arun
11.	GOKUL KRISHNAN P	Gokul
12.	JANAKI K	Janaki
13.	MANYA V P	Manya
14.	NANDA KRISHNA P	Nanda
15.	NIDHIN C	Nidhin
16.	SREEHARI M	Sreehari
17.	SRUTHI M	Sruthi
18.	AISWARYA G	Aiswarya
19.	AKHILESH V P	Akhil
20.	AMIRTHA. U	Amirtha
21.	ANJU VP	Anju

22.	ASWATHI. A. V	Aswathi
23.	ATHULPRAKASH.M.J	Athul
24.	JITHIN A	Jithin
25.	MONISHA K	Monisha
26.	VAISHNAVI U	Vaishnavi
27.	VIGNESH.K	Vignesh
28.	AISWARYA K	Aiswarya
29.	DEVIKA RAVI P	Devika
30.	JIPSA BINU	Jipsa Binu
31.	SREEJITH G	Sreejith
32.	UNNIMAYA A	Unnimaya
33.	VIDHYA M	Vidhya
34.	AKHIL C	Akhil
35.	ANAND KRISHNAN K	Anand
36.	ARATHI R MENON	Arathi
37.	RAMYA PR	Ramya





**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on River Restoration Initiative: Thelineer Ozhukum Nava Keralam**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	River Restoration Initiative: Thelineer Ozhukum Nava Keralam
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To clean waste accumulated in ponds and river banks and spread awareness against mindless waste disposal in water bodies.
<b>Date and Time</b>	October 1
<b>Duration</b>	Half day
<b>Beneficiaries</b>	Community
<b>Venue or Platform</b>	Mannarkad
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	Waste accumulated in the canal-bed was removed.





## Programme Report

NSS volunteers from VTB College actively participated in the Kerala government's "ThelineerOzhukumNavakeralam" initiative. This program focused on cleaning and revitalizing water bodies, particularly targeting the removal of waste from ponds, canals, and riverbanks.

A team of 50 dedicated volunteers undertook the mission to clear waste from a canal-bed in Mannarkad. The canal, previously choked with plastic debris, non-biodegradable waste, and silt, was thoroughly cleaned, allowing for the free flow of water once again. The volunteers worked tirelessly, using tools provided by the local municipality, and ensured that the waste was collected and disposed of responsibly.

This effort not only restored the canal to a healthier state but also raised awareness among the local community about the importance of keeping water bodies clean. The NSS unit at VTB College remains committed to such environmental initiatives, aiming to contribute to a cleaner and greener Kerala.

## Gallery



# List of Participants



**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE  
MANNAMPATTA, PALAKKAD**

Attendance for NSS Activities 2022-23

Name of the Programme: ThelineerOzhukum Nava Keralaam

Sl no:	Name	Signature
1.	KAVYA SURESH. SS	Kavya
2.	NAMITHA. S	Namitha
3.	NISHMADAS.C	Nishma
4.	SUBHANYA. S	Subhanya
5.	AKSHAYA V	Akshaya
6.	AMRUTHA K	Amrutha
7.	AMRUTHA T	Amrutha
8.	GOPIKA. EP	Go
9.	MALU PS	Malu
10.	RADHAMANI.P	Radha
11.	ABHITHA. S	Abhitha
12.	AISWARYA.P	Aiswarya
13.	AMITHA K P	Amitha
14.	KRISHNAPRIYA	Krishna
15.	RENUKA KRISHNAN	Renuka
16.	RESHMA R	Reshma
17.	SANDRA KS	Sandra
18.	ANISHA S	Anisha
19.	ASWATHY. P S	Aswathy
20.	ATHIRA KP	Athira
21.	KARTHIKA.V.K	Karthika
22.	KRISHNENDU.V.V	Krishna

23.	MAHITHA.S	Mahitha
24.	SREELAKSHMI.M	Sreelakshmi
25.	VISMAYA M V	Vismaya
26.	ASWATHI P	Aswathi
27.	NEETHU C	Neethu
28.	NIKHITHA PS	Nikhitha
29.	VRINDA VENUGOPAL K P	Vrinda
30.	ADITHYA.R	Adithya
31.	AISWARYA.A	Aiswarya
32.	ANASWARA K	Anaswara
33.	NANDANA P	Nandana
34.	PRAVEENA V.C	Praveena
35.	SNEHA KA	Sneha
36.	SURYA.S	Surya
37.	VISMAYA C P	Vismaya
38.	ABHIJITH J	Abhijith
39.	AHALYA C T	Ahalya
40.	AKASH.P	Akash
41.	ANIRUDH M A	Anirudh
42.	ARUN V P	Arun
43.	GOKUL KRISHNAN P	Gokul







**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**  
**Cyber Safety Awareness Programme for Students of Helen Keller  
Centenary Memorial Model School for Blind Kottapuram**

<b>Programme Details in a nutshell</b>	
<b>Name of the Event</b>	Cyber Safety Awareness Programme for Students of Helen Keller Centenary Memorial Model School for Blind Kottapuram
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To equip the participants with knowledge and skills to recognise and respond to common cyber threats.
<b>Resource person</b>	Students of M.Sc. Computer Science 2021-2023 batch and 2022-2024
<b>Date and Time</b>	26 <sup>th</sup> December 2022
<b>Duration</b>	3 hours
<b>Beneficiaries</b>	Teachers and Students of Helen Keller Centenary Memorial Model School for Blind Kottapuram and NSS volunteers of Sreekrishnapuram V.T. Bhattathiripad College
<b>Venue or Platform</b>	Helen Keller Centenary Memorial Model School for the Blind, Kottappuram, Palakkad (National Service Scheme Camp)
<b>Organizing dept./ Cell</b>	National Service Scheme Unit 141 & 118 & Department of Computer Science
<b>Coordinator</b>	Dr. Saritha Namboodiri
<b>Outcome/ Benefit of the Programme</b>	Cyber Safety awareness programme helps the participants to know about recent security threats and enables them to responsibly prevent such threats.

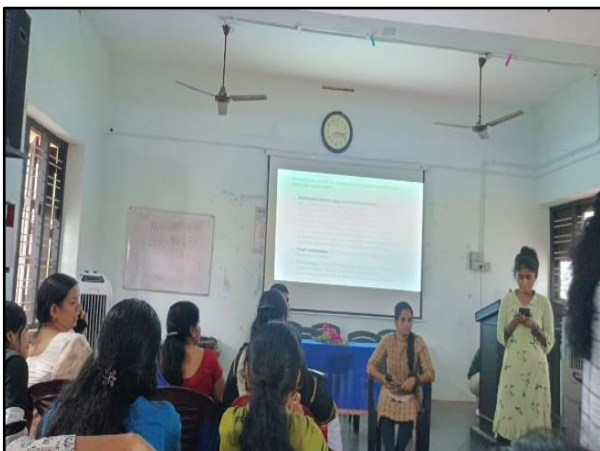




## Programme Report

On December 26, 2022, students of M.Sc. Computer Science from Sreekrishnapuram V.T. Bhattathiripad College visited the Helen Keller Centenary Memorial Model School for the Blind in Kottappuram, Palakkad, as part of a National Service Scheme (NSS) camp. They conducted an interactive session on Cyber Safety Awareness in collaboration with NSS Units 141 and 118 of the college. NSS volunteers, students, and teachers actively participated in the program and had their questions addressed. The program concluded on a positive note.

## Gallery





**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Empowering Parents: Preventing Youth Drug Abuse**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Empowering Parents: Preventing Youth Drug Abuse
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To educate parents about the rising cases of drug abuse in children and take precautionary steps to prevent it.
<b>Date and Time</b>	October 27
<b>Duration</b>	Half day
<b>Beneficiaries</b>	Parents and larger community
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	Parents became informed and vowed to be more cautious in observing their children regarding drug abuse and in general.



## Programme Report

An impactful awareness class on drug abuse was conducted for parents, focusing on the critical role they play in preventing substance abuse among youth. The session aimed to educate parents about the rising cases of drug abuse in children and the essential precautionary steps needed to prevent it. Expert speakers discussed the importance of recognizing warning signs of drug use, such as changes in behavior, academic performance, and social interactions. They emphasized fostering open communication within the family, encouraging parents to create a supportive and non-judgmental environment where children feel comfortable discussing their concerns. Practical strategies were shared on how to approach sensitive topics related to drugs, set clear expectations, and model positive behaviors. The session also highlighted the significance of being aware of their children's activities and peer groups. Parents left the class feeling informed and empowered, equipped with the knowledge and tools to actively contribute to a drug-free community. This initiative underscored the importance of parental involvement in safeguarding the well-being of the next generation.

## Gallery





# List of Participants



**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE**  
**MANNAMPATTA, PALAKKAD**  
**Attendance for NSS Activities 2022-23**

**Name of the Programme: Empowering Parents: Preventing Youth Drug Abuse**

Sl no:	Name	Signature
1.	ASWATHI P	
2.	NEETHU C	
3.	NIKHITHA PS	
4.	SRUTHI. UK	
5.	ATHULYA.P	
6.	RIJISHA M.P	
7.	SANDRA M	
8.	SHILPA M	
9.	Vinaya.vc	
10.	VISMAYA. P	
11.	AMEGHA N	
12.		
13.	Sandosh L	
14.	Rakesh	
15.	Sandhasan K	
16.		
17.		
18.	Aruna Krishna. P	
19.		
20.	Mindhan	
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**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Girls' Empowerment: Self-Defense Workshop**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Girls' Empowerment: Self-Defense Workshop
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To educate girls about potential dangers, teach them to recognize risky situations, and provide guidance on how to avoid them whenever possible.
<b>Resource person</b>	Kerala Police Women Self Defense Team
<b>Date and Time</b>	26/10/2023
<b>Duration</b>	4 Hrs
<b>Beneficiaries</b>	The Girls' Empowerment Self-Defense Workshop benefits the women community by fostering greater personal safety awareness and self-defense skills, thereby enhancing their overall security and confidence in handling risky situations.
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiriapad College
<b>Organizing dept./ Cell</b>	NSS & Women Development Cell
<b>Coordinator</b>	Divya c
<b>Associating Agency</b>	Palakkad Janamaithri police
<b>Outcome / Benefit of the Programme</b>	Improved awareness of personal safety issues and potential threats, leading to safer decision-making and behaviors.



# Programme Report

The Self-Defense Program, part of the Samagra Shiksha Raksha Programme for girls, organized by the Women Development Cell, was held on October 26, 2023, at 10 a.m. On October 26, 2023, at 10 a.m., the Women Development Cell of Sreekrishnapuram V.T. Bhattathiripad College, in collaboration with IQAC, Janamaithri Police Palakkad, and the Kerala Police Self-Defence Team, conducted a Self-Defence Program in the seminar hall. The program began with a prayer by Vaishnaja, a student.

The welcome speech was delivered by Divya C, Coordinator of the Women Development Cell. Dr. Saritha Namboothiri, Principal of Sreekrishnapuram V.T. Bhattathiripad College, gave the presidential address. The session was inaugurated by R. Manoj Kumar, DYSP of the Narcotic Cell, Palakkad. ASI Sarala, Usha R., and Bindu K.K., Civil Police Officers, conducted the session.

A total of 126 students participated in the program. Felicitations were given by Sri. Bineesh KM, Inspector of Sreekrishnapuram Police Station; Dr. Sandeep Narayanan, IQAC Coordinator; Prof. P. Haridas, Head of the Department of Statistics; and Devadasan P., PTA Vice President. The session concluded with a vote of thanks by Athmaja, a student.

## Gallery

**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE**  
Govt. Aided Institution, Affiliated to University of  
Calicut, NAAC Reaccredited with B+ Grade

**WOMEN DEVELOPMENT CELL,  
IQAC**

**&  
ജനമൈത്രി പോലീസ്  
പാലക്കാട്**

**KERALA POLICE  
WOMEN SELF DEFENCE TEAM**

**സ്ത്രീകളുടെ സ്വയം  
സുരക്ഷ പരിശീലന കളരി**

(ഇത് കേരള സർക്കാറും ജനമൈത്രി സംസ്ഥാന നോഡൽ  
ഓഫീസും സംയുക്തമായി സംഘടിപ്പിക്കുന്ന ഒരു പദ്ധതി)

**2023 ഒക്ടോബർ 26 രാവിലെ 10 മണിക്ക്**





# List of Participants

No.	Name	Address	Phone
1	Abhinav K	...	...
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124	Abhinav K	...	...

No.	Name	Address	Phone
125	Abhinav K	...	...
126	Abhinav K	...	...
127	Abhinav K	...	...
128	Abhinav K	...	...
129	Abhinav K	...	...
130	Abhinav K	...	...





**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD  
Report on Cleaning at Idukki Wild Sanctuary**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Cleaning at Idukki Wild Sanctuary
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	The objectives of the "Cleaning at Idukki Wild Division" program were to clean and conserve the wildlife division, promoting environmental sustainability and protecting wildlife. The program aimed to create awareness about the importance of conservation and sustainability among the volunteers and the public.
<b>Resource person</b>	Varghese, Forest Officer
<b>Date and Time</b>	27/03/2023
<b>Period of Activity</b>	2022-2023
<b>Beneficiaries</b>	The beneficiaries of the program were the Idukki Wildlife Division, which benefited from the cleaning activities, and the volunteers, who gained valuable experience and knowledge about environmental conservation and sustainability. The public also benefited from the program, as it helped to promote environmental awareness and sustainability.
<b>Venue or Platform</b>	Eravikulam national park
<b>Organizing dept./ Cell</b>	NSS & Nature Club
<b>Coordinator</b>	Mini K, Kamal Raj Mohan
<b>Associating Agency</b>	Kerala Forest department
<b>Outcome / Benefit of the Programme</b>	The outcome of the program was the successful cleaning and conservation of Idukki Wildlife Division, and the creation of awareness about environmental sustainability. The benefit of the program was the protection of wildlife and promotion of environmental sustainability, ultimately contributing to the preservation of natural habitats and ecosystems.





## Programme Report

The Nature Club of Sreekrishnapuram VT Bhattathirippad College, in association with the Kerala Forest Department, organized an extension activity called "Cleaning at Idukki Wild Division" on 27/03/2023 at Idukki Wildlife Division. The objective of the program was to clean and conserve the wildlife division, promoting environmental sustainability and protecting wildlife.

The program was led by Varghese, Forest Officer, who provided guidance and support to the volunteers. The volunteers actively participated in cleaning activities, removing plastic waste, weeds, and other non-biodegradable materials from the division. The program aimed to create awareness about the importance of conservation and sustainability among the volunteers and the public.

The program was a huge success, with the wildlife division benefiting from the cleaning activities. The volunteers gained valuable experience and knowledge about environmental conservation and sustainability. The program also helped to promote the importance of protecting and preserving natural habitats and ecosystems.

## Gallery







**KERALA FORESTS & WILDLIFE DEPARTMENT**

**CERTIFICATE**

**IDUKKI WILDLIFE SANCTUARY**

Mr./Ms. NOUFAAL K.N. (NATURE CLUB) Student of  
V.T. BHATIATHIRIPAD COLLEGE has participated  
 in the NATURE EDUCATION CAMP held by Forests & Wildlife Department,  
 at Idukki Wildlife Sanctuary from 25-03-2023 to 27-03-2023.

  
 Asst. Wildlife Warden  
 Idukki Wildlife Sanctuary

  
 Wildlife Warden  
 Idukki Wildlife Division

Date: \_\_\_\_\_  
 Place: \_\_\_\_\_

*Help in Conserving Nature*






**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Inspiring Change: Understanding the Visually Impaired  
Community**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Inspiring Change: Understanding the Visually Impaired Community
<b>Objectives</b>	To sensitise students to be more aware, welcoming and supportive towards people who are visually challenged
<b>Resource person</b>	Mr. Satyasheelan, (Rtd. Teacher)
<b>Date and Time</b>	27.12.2022
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	NSS volunteers, and other participants in the class
<b>Venue or Platform</b>	Helen Keller Memorial Blind School, Thottara
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	Students became more equipped to support visually impaired people



## Programme Report

Mr. Satyasheelan, a former teacher and active member of the Association of the Blind, visited our NSS special camp to educate students about the challenges faced by the visually impaired community. During his enlightening session, he shared personal stories and insights, highlighting the daily obstacles and societal barriers that visually impaired individuals encounter. He emphasized the significant role that young, vibrant students can play in creating positive change and fostering an inclusive society. Mr. Satyasheelan encouraged students to engage in advocacy, support accessibility initiatives, and promote awareness in their communities.

The students were deeply moved and motivated by his words. Many expressed that their outlook towards visually impaired individuals had undergone a profound transformation. They realized the importance of empathy, understanding, and active participation in efforts to improve the lives of those with visual impairments. The session left a lasting impact, inspiring the students to take concrete steps towards making a difference and supporting the visually impaired community.

## Gallery





# List of Participants



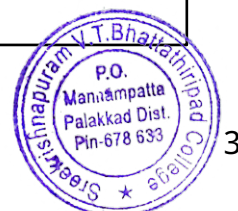
**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE**  
 MANNAMPATTA, PALAKKAD  
 Attendance for NSS Activities 2022-23

Name of the Programme: Inspiring Change: Understanding the Visually Impaired Community

Sl no:	Name	Signature
1.	SANDHYA, M	Sandhya
2.	NIVEDI, M	Nivi
3.	DHANYA C	Dhanya
4.	NITHEESHKUMAR R	Nitheesh
5.	ADHARSH V	Adharsh
6.	SUBITHA C	Subitha
7.	ANAGHA V	Anagha
8.	ANISHA S	Anisha
9.	ASWATHY, P S	Aswathy
10.	ATHIRA KP	Athira
11.	FAHIMA M	Fahima
12.	HARITHA K R	Haritha
13.	KAVYA SURESH, SS	Kavya
14.	NAMITHA, S	Namitha
15.	NISHMADAS, C	Nishma
16.	SUBHANYA, S	Subhanya
17.	AKSHAYA V	Akshaya
18.	AMRUTHA K	Amrutha
19.	AMRUTHA T	Amrutha
20.	GOPIKA, EP	Goika
21.	MALU PS	Malu
22.	RADHAMANI, P	Radhamani

23.	ABHITHA, S	Abhitha
24.	AISWARYA, P	Aiswarya
25.	AMITHA K P	Amitha
26.	KRISHNAPRIYA	Krishna
27.	RENUKA KRISHNAN	Renuka
28.	RESHMA R	Reshma
29.	SANDRA KS	Sandra
30.	SANDRA SIVAKUMAR	Sandra
31.	SNEHA M	Sneha
32.	VINISHA S	Vinisha
33.	FAHIMA, M	Fahima
34.	HARITHA K R	Haritha
35.	ABHITHA KRISHNADAS	Abhitha
36.	ABHISHEK K	Abhishek
37.	AISWARYA G	Aiswarya
38.	AKHILESH V P	Akhilesh
39.	AMIRTHA, U	Amirtha
40.	ANJU VP	Anju
41.	ASWATHI, A. V	Aswathi
42.	ATHULPRAKASH, M.J	Athul
43.	JITHIN A	Jithin
44.	MONISHA K	Monisha
45.	VAISHNAVI U	Vaishnavi
46.	VIGNESH, K	Vignesh
47.	AISWARYA K	Aiswarya
48.	DEVIKA RAVI P	Devika

49.	JIPSA BINU	Jipsa Binu
50.	SREEJITH G	Sreejith
51.	UNNIMAYA A	Unnimaya
52.	VIDHYA M	Vidhya
53.	AKHIL C	Akhil
54.	ANAND KRISHNAN K	Anand
55.	ARATHI R MENON	Arathi
56.	RAMYA PR	Ramyap
57.	SANDRA SANKAR K.T	Sandra
58.	ABHIRAM, M	Abhiram
59.	Ajith, R	Ajith
60.	Aravind vp	Aravind





**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Beautification of Helen Keller Memorial Blind School**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Beautification of Helen Keller Memorial Blind School
<b>Nature of the Event</b>	Extension activity
<b>Objectives</b>	To clean the school and its premises
<b>Date and Time</b>	30.12.2022
<b>Duration</b>	Full day
<b>Beneficiaries</b>	Helen Keller Memorial Blind School, Thottara
<b>Venue or Platform</b>	Helen Keller Memorial Blind School, Thottara
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	Selected buildings were painted, and the area was cleaned by the NSS volunteers.



## Programme Report

By the end of the camp, the NSS volunteers were determined to leave the school and its premises in pristine condition, ensuring everything was in order for the visually impaired children who would return. They meticulously cleaned the rooms and the surrounding areas, paying close attention to detail. All items in the rooms were carefully placed back in their original positions to avoid creating any confusion or inconvenience for the visually impaired students.

In addition to cleaning, the volunteers took the initiative to repaint several walls, adding a fresh and vibrant touch to the school environment. Their efforts went beyond mere cleanliness; they aimed to create a welcoming and aesthetically pleasing atmosphere. The volunteers' dedication to maintaining the school's order and appearance demonstrated their deep respect for the visually impaired children and their commitment to serving the community. This conscientious approach ensured that the children would return to a clean, organized, and beautifully enhanced school, reflecting the volunteers' hard work and thoughtfulness.

## Gallery







**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Nurturing Forest Campaign**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Nurturing Forest Campaign
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To raise awareness regarding the vital role of forests in biodiversity and climate regulation.
<b>Date and Time</b>	March 14
<b>Duration</b>	1 day
<b>Beneficiaries</b>	Forest Department & Community at large
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	The event fostered environmental consciousness among students.



## Programme Report

NSS volunteers passionately engaged in a series of impactful activities that underscored the importance of forests in sustaining biodiversity and regulating the climate. The day began with an enthusiastic tree planting drive, where volunteers planted a variety of native saplings, contributing to reforestation efforts and promoting local flora. Following the tree planting, the volunteers organized awareness campaigns that included distributing informative pamphlets, holding interactive sessions, and displaying creative posters to educate the community about the crucial role forests play in maintaining ecological balance and mitigating climate change.

In addition, the volunteers led nature walks through nearby forested areas, guiding participants to observe and appreciate the rich biodiversity firsthand. These walks included discussions on the interdependence of plant and animal species and the threats posed by deforestation. The activities were designed not only to raise awareness but also to inspire proactive environmental stewardship among participants.

The activities developed a deep sense of environmental consciousness among the volunteers and the community. It aligned perfectly with NSS's commitment to sustainable practices and community well-being, highlighting the collective responsibility to protect and preserve our natural resources for future generations. The event concluded with a renewed pledge by the volunteers to continue advocating for and engaging in activities that support environmental sustainability.

Number of Students: 35

## Gallery



# List of Participants



**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD  
COLLEGE**  
MANNAMPATTA, PALAKKAD  
Attendance for NSS Activities 2022-23

Name of the Programme: Nurturing Forests, Nurturing Life

Sl no:	Name	Signature
1.	AMEGHA N	Ame...
2.	ARYA k	Arya...
3.	FAHIMA.M	Fahima...
4.	HARITHA K R	Haritha...
5.	KAVYA SURESH. SS	Kavya...
6.	NAMITHA. S	Namitha...
7.	NISHMADAS.C	Nish...
8.	SUBHANYA. S	Subhanya...
9.	AKSHAYA V	Akshaya...
10.	AMRUTHA K	Amrutha...
11.	AMRUTHA T	Amrutha...
12.	GOPIKA. EP	Gopi...
13.	AMEGHA N	Ame...
14.	VIDHYA M	Vidhya...
15.	AKHIL C	Akhil...
16.	ANAND KRISHNAN K	Anand Krishnan...
17.	ARATHI R MENON	Arathi...
18.	RAMYA PR	Ramya...
19.	SANDRA SANKAR K.T	Sandra...
20.	ABHIRAM. M	Abhiram...

21.	Ajith. R	Ajith...
22.	Aravind vp	Aravind...
23.	NIKHIL. A. K	Nikhil...
24.	SARATH G	Sarath...
25.	SNEHA.PR	Sneha...
26.	VIDHYA M	Vidhya...
27.	AHALYA C T	Ahalya...
28.	AKASH.P	Akash...
29.	ANIRUDH M A	Anirudh...
30.	ARUN V P	Arun...
31.	GOKUL KRISHNAN P	Gokul...
32.	JANAKI K	Janaki...







**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Anti- Tobacco Campaign in Kadampazhipuram Village**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Anti- tobacco campaign Kadampazhipuram Village
<b>Nature of the Event</b>	Extension activity
<b>Objectives</b>	To reduce tobacco consumption and promote healthier community
<b>Date and Time</b>	March 23
<b>Duration</b>	Half day
<b>Beneficiaries</b>	The event reached out to the broader community, fostering a healthier environment by raising awareness and encouraging tobacco cessation.
<b>Venue or Platform</b>	Sreekrishnapuram Panchayat Hall
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	Increased the awareness of students regarding the harmful effects of tobacco use.



## Programme Report

In collaboration with the District Medical Office Palakkad, an impactful anti-tobacco campaign was conducted to raise awareness about the harmful effects of tobacco use. The campaign featured a series of informative sessions led by medical professionals who discussed the severe health risks associated with tobacco consumption, including cancer, respiratory diseases, and cardiovascular issues. These sessions were designed to educate the public on the immediate and long-term dangers of tobacco use.

The campaign also included extensive awareness drives throughout the district. Volunteers actively engaged with the community, distributing educational materials that highlighted the benefits of quitting tobacco and provided resources for cessation support. They visited schools, colleges, and public spaces, ensuring the message reached a wide audience.

The combined efforts of the informative sessions, awareness drives, and educational material distribution aimed to significantly reduce tobacco consumption in Palakkad district. This initiative promoted a healthier community by encouraging individuals to make informed decisions about their health and well-being. The campaign's success underscored the importance of continued efforts to combat tobacco use and foster a tobacco-free environment.

## Gallery



# List of Participants



**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE**  
 MANNAMPATTA, PALAKKAD  
 Attendance for NSS Activities 2022-23

Name of the Programme: Anti- tobacco campaign

Sl no:	Name	Signature
1.	ABHIJITH KRISHNADAS	<i>Abhi</i>
2.	ABHISHEK K	<i>Abhishek</i>
3.	AISWARYA G	<i>Aiswarya</i>
4.	AKHILESH V P	<i>Akhil</i>
5.	AMIRTHA U	<i>Amirtha</i>
6.	ANJU VP	<i>Anju</i>
7.	ASWATHI. A. V	<i>Aswathi</i>
8.	ATHULPRAKASH.M.J	<i>Athul</i>
9.	JITHIN A	<i>Jithin</i>
10.	MONISHA K	<i>Monisha</i>
11.	VAISHNAVI U	<i>Vaishnavi</i>
12.	VIGNESH.K	<i>Vignesh</i>
13.	AISWARYA K	<i>Aiswarya</i>
14.	DEVIKA RAVI P	<i>Devika</i>
15.	JIPSA BINU	<i>Jipsa</i>
16.	SREEJITH G	<i>Sreejith</i>
17.	UNNIMAYA A	<i>Unnimaya</i>
18.	VIDHYA M	<i>Vidhya</i>
19.	AKHIL C	<i>Akhil</i>
20.	ANAND KRISHNAN K	<i>Anand</i>
21.	ATHIRA KP	<i>Athira</i>
22.	KARTHIKA.V.K	<i>Karthika</i>

23.	KRISHNENDU.V.V	<i>Krish</i>
24.	MAHITHA.S	<i>Maha</i>
25.	SREELAKSHMI.M	<i>Sreelakshmi</i>
26.	VISMAYA M V	<i>Vismaya</i>
27.	ASWATHI P	<i>Aswathi</i>
28.	NEETHU C	<i>Neethu</i>
29.	NIKHITHA PS	<i>Nikhitha</i>
30.	SRUTHI, UK	<i>Sruthi</i>
31.	ATHULYA P	<i>Athulya</i>
32.	RIJISHA M.P	<i>Rijisha</i>
33.	SANDRA M	<i>Sandra</i>
34.	SHILPA M	<i>Shilpa</i>
35.	Vinaya.vc	<i>Vinaya</i>
36.	VISMAYA. P	<i>Vismaya</i>
37.	AMEGHA N	<i>Amegha</i>
38.	ARYA k	<i>Arya</i>
39.	FAHMA.M	<i>Fahma</i>
40.	HARITHA K R	<i>Haritha</i>
41.	KAVYA SURESH. SS	<i>Kavya</i>
42.	NAMITHA. S	<i>Namitha</i>
43.	NISHMADAS.C	<i>Nishmada</i>
44.	SUBHANYA. S	<i>Subhanya</i>
45.	AKSHAYA V	<i>Akshaya</i>
46.	SANDHYA, M	<i>Sandhya</i>
47.	NIVEDH. M	<i>Nivedh</i>
48.	DHANYA C	<i>Dhanya</i>

49.	NITHEESHKUMAR R	<i>Nitheesh</i>
50.	ADHARSH V	<i>Adharsh</i>







**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE**  
**MANNAMPATTA, PALAKKAD**

**Report on Microenterprise Donation- Gifting a Petty shop to Disabled Person**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Microenterprise Donation- Gifting a Petty shop to Disabled Person
<b>Nature of the Event</b>	Extension activity
<b>Objectives</b>	To give a petty shop for Rajesh to support his income
<b>Date and Time</b>	April 16
<b>Duration</b>	Half day
<b>Beneficiaries</b>	Mr. Krishnakumar, Kadambazhipuram
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	The petty shop was delivered to Krishnakumar .



# Programme Report

NSS volunteers from VTB College embarked on a remarkable project to support Mr. Krishnakumar, a wheelchair-bound individual due to a car accident. Recognizing the need for sustainable livelihood, the volunteers initiated a fundraising campaign to build a petty shop for him. Their efforts involved organizing various events, including charity drives, bake sales, and crowdfunding activities. The community and students showed overwhelming support, contributing generously.

The funds raised were utilized to construct a fully accessible petty shop, equipped with necessary fixtures and inventory. Volunteers also assisted in setting up the shop, ensuring it was ready for operation. Their dedication extended to training Mr. Krishnakumar in basic shop management and customer service skills, empowering him to run the shop independently.

This initiative not only provided Mr. Krishnakumar with a means of livelihood but also fostered a sense of community and compassion among the students. The success of this project underscores the impact of collective effort, and the spirit of service embodied by the NSS volunteers at VTB College.

## Gallery

### കൃഷ്ണകുമാറിന് വരുമാന മാർഗ്ഗമൊരുക്കി വിദ്യാർത്ഥികൾ

**കടമ്പഴിപ്പുറം**  
കോവിഡ് കാലത്തുണ്ടായ വാഹനാപകടത്തിലാണ് പൂജപ്പുരയിലെ മേലേവിട്ടിൽ കൃഷ്ണകുമാറിന്റെ ജീവിതം ചക്രക്കസേരയിലാകുന്നത്. നട്ടെല്ലിനേറ്റ ക്ഷതമായിരുന്നു കാരണം. ചക്രക്കസേരയിലാണെങ്കിലും സ്വയംതൊഴിലില്ലാതെ ഒരു വരുമാനം എന്ന സ്വപ്നം കൃഷ്ണകുമാർ വളർത്തി. ആ സ്വപ്നം സഫലമാക്കിയിരിക്കുകയാണ് ശ്രീകൃഷ്ണപുരം വി ടി ബി കോളേജിലെ എൻഎസ്എസ് യൂണിറ്റ് അംഗങ്ങൾ. വീടിന് സമീപം ഒരു പെട്ടിക്കടയാണ് ഇവർ ഒരുക്കി നൽകിയത്. എൻഎസ്എസ് വളണ്ടിയർമാർ കടകളിൽനിന്നും വീടുകളിൽനിന്നുമാണ് തുക സമാഹരിച്ചത്. കൃഷ്ണകുമാർ ദീർഘകാലം താൽക്കാലിക സുരക്ഷാ ജീവനക്കാരനായി ജോലി ചെയ്തു. കടമ്പഴിപ്പുറം സാമൂഹ്യാരോഗ്യ കേന്ദ്രത്തിലെ ഡോക്ടർമാരും ജീവനക്കാരും സംഭാവന നൽകി. മോട്ടിവേഷൻ പ്രമാണകൻ ഗണേഷ് കൈലാസ് പെട്ടിക്കട ഉദ്ഘാടനം ചെയ്തു. എൻഎസ്എസ് പ്രോഗ്രാം ഓഫീസർ സി ശുഭ, പഞ്ചായത്ത് വൈസ് പ്രസിഡന്റ് കെ ശ്രീലത, പാലിയേറ്റീവ് കോ-ഓർഡിനേറ്റർ ഒ വാസുദേവൻ എന്നിവർ സംസാരിച്ചു. മൂന്നുവർഷമായി കനിവ് പാലിയേറ്റീവ് യൂണിറ്റിന്റെ പരിചരണത്തിലാണ് കൃഷ്ണകുമാർ.



കൃഷ്ണകുമാറിനുള്ള പെട്ടിക്കട ഉദ്ഘാടനം പ്രദർശനം ഗണേഷ് കൈലാസ് ഉദ്ഘാടനം ചെയ്യുന്നു

ദേശാഭിമാനി

Tue, 16 April 2024  
<https://epaper.deshabhimani.com/c/74914233>











**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE**  
**MANNAMPATTA, PALAKKAD**

**Report on Khadi Expo: Promotion of Khadi Products in a Public Setting**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Khadi Expo: Promotion of Khadi Products in a Public Setting
<b>Objectives</b>	To promote and increase public awareness of Khadi products, encouraging their use and supporting local artisans.
<b>Date and Time</b>	1 <sup>st</sup> September 2022
<b>Duration</b>	Full day
<b>Beneficiaries</b>	Supports initiatives like "Make in India" and "Vocal for Local". By organizing a Khadi Expo, these beneficiaries can come together to celebrate and promote the beauty and significance of Khadi products, while supporting the well-being of artisans, communities, and the environment.
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS & ED Club
<b>Coordinator</b>	Sinu M & Dr. Ashish
<b>Associating Agency</b>	Khadi Gramodhayog, Kadambazhipuram
<b>Outcome / Benefit of the Programme</b>	Successfully increased public awareness and appreciation of Khadi products, leading to a significant boost in sales and local artisan support



## Programme Report

The Khadi Products Exhibition and Sale held on 1<sup>st</sup> September 2022 was a vibrant and enriching event, inaugurated by Principal Dr. E Jayan. Organized in collaboration with Khadi Gramodhayog, Kadambazhipuram, the exhibition showcased a wide array of traditional Khadi products, highlighting the rich cultural heritage and craftsmanship of the region. Coordinated by Ms. Sinu M and Dr. Ashish, the event saw enthusiastic participation from 100 students, who not only explored the diverse range of Khadi items but also gained insights into sustainable and eco-friendly practices. The exhibition provided a unique platform for students to appreciate the value of handmade products and fostered a deeper connection with local artisans.

## Gallery





**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Mastering Paper Files: The Art of Organization**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Mastering Paper Files: The Art of organization
<b>Objectives</b>	To equip participants with effective techniques and strategies for organizing, managing, and maintaining physical documents to enhance productivity and streamline workflow.
<b>Date and Time</b>	8 <sup>th</sup> December 2022
<b>Duration</b>	Full day
<b>Beneficiaries</b>	Mastering paper file organisation can benefit anyone who wants to reduce stress, increase productivity, and improve their overall work or personal life. By implementing effective paper file organisation strategies, these individuals and groups can achieve a more efficient, productive, and stress-free life
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS & ED Club
<b>Coordinator</b>	Sinu M & Dr. Ashish
<b>Outcome / Benefit of the Programme</b>	Able to achieve improved efficiency and productivity through the implementation of effective document organization and management techniques





## Programme Report

On 8th December 2022, the Entrepreneurship Development (ED) Club of Sreekrishnapuram V. T. Bhattathiripad College organized a full-day event titled "Mastering Paper Files: The Art of Organisation." The program aimed to equip participants with effective techniques and strategies for organizing, managing, and maintaining physical documents to enhance productivity and streamline workflow. Coordinated by Sinu M and Dr. Ashish, the event was held in association with Khadi Gramodhayog, Kadambazhipuram. The workshop focused on practical skills and methods for efficient document handling.

## Gallery





**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Smoke-Free Globe: Rally against Drug Abuse at  
Sreekrishnapuram Village**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Smoke-Free Globe: Rally against Drug Abuse at Sreekrishnapuram Village
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To increase awareness regarding the harmful effects of drug abuse
<b>Date and Time</b>	September 28, 2022
<b>Duration</b>	Half day
<b>Beneficiaries</b>	Community
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant



## Programme Report

A rally against drug abuse was organized, spanning from our college to Kadambazhipuram, to raise awareness about the detrimental effects of drug abuse. The NSS volunteers from our college participated with great enthusiasm, marching together in solidarity. They carried vibrant banners and placards with powerful messages advocating for a drug-free and healthier community. Chants and slogans resonated through the streets, capturing the attention of onlookers and encouraging them to join the cause. Along the route, several volunteers delivered impactful speeches, highlighting the physical, mental, and social consequences of drug abuse. These speeches aimed to educate the public, particularly the youth, about the dangers of substance misuse and the importance of making informed choices. The rally not only raised awareness but also fostered a sense of unity and collective responsibility among the participants and the community. By taking a stand against drug abuse, the NSS volunteers demonstrated their commitment to promoting a healthier, safer environment for all, reinforcing the values of social responsibility and proactive community engagement.

## Gallery







**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE,  
MANNAMPATTA, PALAKKAD**

**Report on Awareness program on PCOS-Myths and Facts**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Awareness program on PCOS-Myths and Facts
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To educate participants about the realities of Polycystic Ovary Syndrome, dispelling common myths and providing accurate information to promote better understanding and management of the condition
<b>Resource person</b>	Dr. Vidya Sachin (Consultant Obstetrics & Gynecology) & Dr. Jaiheen Jabir (Consultant IVF Specialist)
<b>Date and Time</b>	8 <sup>th</sup> March 2023
<b>Duration</b>	Half day
<b>Beneficiaries</b>	Community
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College (Online)
<b>Organizing dept./ Cell</b>	Women Development Cell
<b>Coordinator</b>	Ms. Divya C
<b>Associating Agency</b>	ARMC Hospital Perinthalmanna



## Programme Report

The Women Development Cell of Sreekrishnapuram V. T. Bhattathiripad College successfully organized an extension activity titled "Awareness Program on PCOS-Myths and Facts" on 8th March 2023. This half-day online event was designed to educate participants about the realities of Polycystic Ovary Syndrome (PCOS), focusing on dispelling common myths and providing accurate information for better understanding and management of the condition. The program aimed to bridge the gap between misconceptions and scientific facts surrounding PCOS, a prevalent endocrine disorder affecting women of reproductive age. Esteemed resource persons, Dr. Vidya Sachin, Consultant in Obstetrics & Gynecology, and Dr. Jaiheen Jabir, Consultant IVF Specialist, led the session, sharing their expertise and engaging with participants to address their queries and concerns.

The event, which was organized in collaboration with ARMC Hospital Perinthalmanna, saw active participation from the community. Coordinated by Ms. Divya C, the program was held on an online platform, ensuring accessibility for a broader audience. The interactive nature of the session allowed for an in-depth discussion on PCOS, highlighting its symptoms, treatment options, and lifestyle modifications that can help manage the condition effectively. The feedback from participants indicated a high level of satisfaction and appreciation for the valuable insights provided by the resource persons.

## Gallery

SREEKRISHNAPURAM V T BHATTATHIRIPAD COLLEGE  
MANNAMPATTA

**WOMEN DEVELOPMENT CELL  
ASSOCIATION WITH ARMC HOSPITAL**

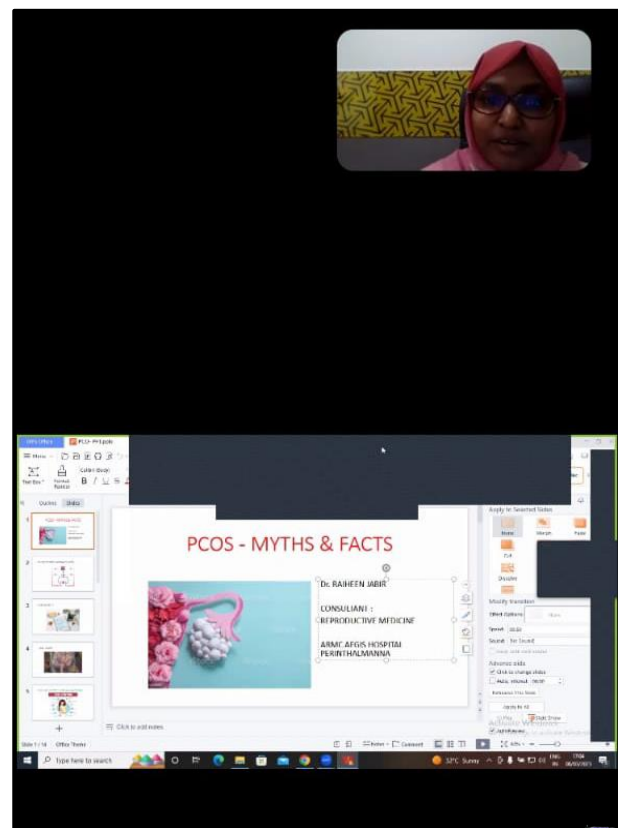
**ALL FACTS ABOUT  
MENSTRUAL CUP**  
START AT  
**4.00 PM, 08 MARCH 2023**

**DR. VIDYA SACHIN,**  
MBBS, DGO, DNB  
CONSULTANT OBSTETRICS & GYNECOLOGY

**PCOS - MYTHS & FACTS**  
START AT  
**5.00 PM, 08 MARCH 2023**

**DR. RAIHEEN JABIR,**  
MS, DNB  
CONSULTANT IVF SPECIALIST

INVITING YOU TO A  
SCHEDULED ZOOM MEETING





**SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE**  
**MANNAMPATTA, PALAKKAD**  
**Report on Awareness Programame on Stree Surakshayude**  
**SamakalikaManangal**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Awareness Programame on Stree Surakshayude Samakalika Manangal
<b>Nature of the Event</b>	Extension Activity
<b>Objectives</b>	To educate participants about contemporary issues related to anti-dowry practices, promoting awareness and measures to combat dowry-related violence and discrimination
<b>Date and Time</b>	12 <sup>th</sup> January 2022
<b>Duration</b>	Half day
<b>Beneficiaries</b>	Community
<b>Venue or Platform</b>	Sreekrishnapuram V T Bhattathiripad College (Online)
<b>Organizing dept./ Cell</b>	Women Development Cell
<b>Coordinator</b>	Ms. Divya C
<b>Associating Agency</b>	Women and Child Development Cell, ICDS Sreekrishnapuram





## Programme Report

The Women Development Cell of Sreekrishnapuram V. T. Bhattathiripad College organized an extension activity titled "Awareness Programame on StreeSurakshayudeSamakalikaManangal" on 12th January 2022. This half-day online event aimed to educate participants about contemporary issues related to anti-dowry practices, focusing on promoting awareness and measures to combat dowry-related violence and discrimination. The session provided a platform to discuss the socio-cultural implications of dowry and the legal frameworks in place to prevent dowry practices. The event aimed to empower participants with knowledge and resources to address and mitigate the adverse effects of dowry in society.

The programme was organized in collaboration with the Women and Child Development Cell, ICDS Sreekrishnapuram, and was coordinated by Ms. Divya C. The online format ensured that the event was accessible to a wide audience, benefiting the community at large. Participants engaged actively in the discussions, sharing their experiences and gaining insights into effective strategies to counter dowry-related issues. The feedback from attendees reflected a strong appreciation for the informative and thought-provoking content of the program. This awareness initiative underscored the commitment of Sreekrishnapuram V. T. Bhattathiripad College to address critical social issues and foster a safer and more equitable environment for women.

## Gallery





**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE**  
**MANNAMPATTA, PALAKKAD**  
**Report on Cleaning Drive in Kottakkunnu**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Cleaning Drive in Kottakkunnu
<b>Objectives</b>	To promote environmental awareness and community involvement by enhancing the cleanliness and aesthetic appeal of the area.
<b>Date and Time</b>	15 <sup>th</sup> October 2022
<b>Duration</b>	Full day
<b>Beneficiaries</b>	The Cleaning Drive in Kottakkunnu benefited the local residents by improving the cleanliness and aesthetic appeal of their environment, enhancing community pride and environmental awareness.
<b>Venue or Platform</b>	Kottakkunnu
<b>Organizing dept./ Cell</b>	NSS
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	The outcome of the Cleaning Drive in Kottakkunnu was a cleaner, more attractive environment, fostering greater community pride and awareness of environmental conservation



## Programme Report

On 15th October 2022, the NSS unit of our college organized a full-day Cleaning Drive in Kottakkunnu, with the primary objective of promoting environmental awareness and community involvement by enhancing the cleanliness and aesthetic appeal of the area. Coordinated by Subha I N and Dr. G S Aravind, the event saw enthusiastic participation from students and volunteers, who diligently worked throughout the day to clean various sections of Kottakkunnu. This initiative was made possible through the NSS Grant, which funded the necessary resources and logistics for the event. Although no external resource persons or associating agencies were involved, the drive was a testament to the collective effort and dedication of the NSS unit and its volunteers.

The outcome of the Cleaning Drive in Kottakkunnu was highly positive, resulting in a cleaner, more attractive environment. The efforts of the volunteers not only enhanced the physical appearance of Kottakkunnu but also fostered a sense of community pride and heightened awareness of the importance of environmental conservation. The drive served as a practical demonstration of the impact of community involvement in environmental initiatives and highlighted the role of educational institutions in promoting sustainable practices. The success of this event underscores the importance of continued efforts to engage communities in similar activities for the betterment of our environment.

## Gallery







**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE**  
**MANNAMPATTA, PALAKKAD**  
**Report on A Public Awareness Campaign on International Day for**  
**violence against Women**

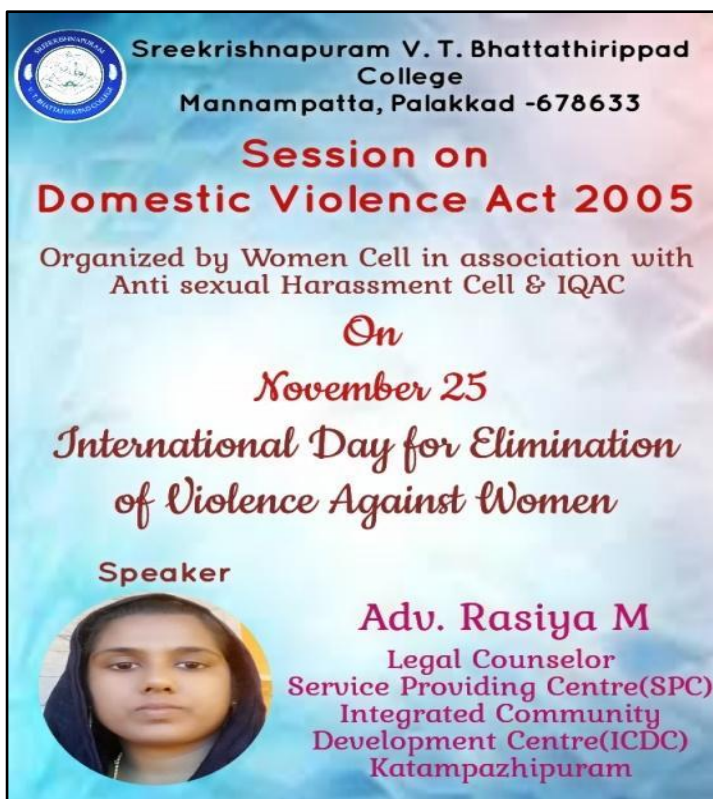
<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	A Public Awareness Campaign on International Day for violence against Women
<b>Objectives</b>	<ul style="list-style-type: none"><li>• To raise awareness about violence against women and its impact on individuals and society.</li><li>• To promote strategies and resources for preventing and addressing gender-based violence.</li></ul>
<b>Resource person</b>	Advocate Rasiya. M ((Legal Counselor, Service Providing Centre (SPC) Integrated Community Development Cell (ICDC) Kadampazhipuram)
<b>Date and Time</b>	25/11/2022
<b>Duration</b>	2 Hours
<b>Beneficiaries</b>	Awareness campaigns and educational initiatives benefit everyone by fostering a more informed and empathetic society that actively works towards ending violence against women.
<b>Venue or Platform</b>	VTB College Sreekrishnapuram
<b>Organizing dept./ Cell</b>	NSS & Women Development Cell
<b>Coordinator</b>	Divya c
<b>Outcome / Benefit of the Programme</b>	<ul style="list-style-type: none"><li>• Enhanced understanding of the issues surrounding violence against women.</li><li>• Increased awareness of available resources and support systems for victims of gender-based violence.</li></ul>



## Programme Report

Sreekrishnapuram V T Bhattathiripad college Women Development Cell conducted a seminar on Domestic Violence Act 2005 as a part of International Day for Violence Against Women on 25th November 2022. The session was handled by Advocate Rasiya. M (Legal Counsellor, Service Providing Centre (SPC) Integrated Community Development Cell (ICDC) Kadampazhipuram). The session started with welcome speech by Divya c (Co-ordinator, women cell) and inaugurated by Principal Dr. E Jayan. The topics covered in the session includes protection orders, legal remedies, counselling and support, prevention and education, poxo act etc. the program ended with vote of thanks by Maneesha.

## Gallery



**Sreekrishnapuram V. T. Bhattathirippad College**  
Mannampatta, Palakkad -678633

**Session on Domestic Violence Act 2005**

Organized by Women Cell in association with Anti sexual Harassment Cell & IQAC

On **November 25**

**International Day for Elimination of Violence Against Women**

**Speaker**

**Adv. Rasiya M**  
Legal Counselor  
Service Providing Centre (SPC)  
Integrated Community Development Centre (ICDC)  
Kadampazhipuram





**SREEKRISHNAPURAM V. T. BHATTATIRIPAD COLLEGE**  
**MANNAMPATTA, PALAKKAD**  
**Report on Safe Streets and Drug-Free Lives-Rally against Drug Abuse at**  
**Kadampazhipuram Village**

<b>Programme Details in a Nutshell</b>	
<b>Name of the Event</b>	Safe Streets and Drug-Free Lives-Rally against Drug Abuse at Kadampazhipuram Village
<b>Objectives</b>	To create awareness and promote a drug-free lifestyle among the community, ensuring safe streets and a healthier environment for all.
<b>Date and Time</b>	25 March 2023
<b>Duration</b>	One Day
<b>Beneficiaries</b>	School and college students, who are vulnerable to drug abuse, will benefit from the awareness and education provided during the rally. Residents of Kadampazhipuram Village, including families and individuals, will be empowered with knowledge to make informed choices and live a drug-free life.
<b>Venue or Platform</b>	Kadampazhipuram Village
<b>Organizing dept./ Cell</b>	National Service Scheme
<b>Coordinator</b>	Subha I N & Dr. G S Aravind
<b>Fund details if any</b>	NSS Grant
<b>Outcome / Benefit of the Programme</b>	The programme aims to educate and sensitize the public about the harmful effects of drug abuse, encouraging individuals to make informed choices and promoting a culture of drug-free living.





## Programme Report

The "Safe Streets and Drug-Free Lives" rally against drug abuse, held on 25 March 2023 in Kadampazhipuram Village, successfully raised awareness about the detrimental effects of drug abuse and promoted a healthier, drug-free lifestyle. Organized by the National Service Scheme and coordinated by Subha IN and Dr. G S Aravind, the event engaged school and college students, who are particularly vulnerable, as well as local residents, in educational activities and discussions. Supported by an NSS Grant, the rally fostered a sense of community responsibility and empowered participants with the knowledge to make informed choices, ultimately contributing to safer streets and a more supportive environment for all.

## Gallery



  
**PRINCIPAL**  
Sreekrishnapuram VT Bhattathiripad College  
Mannampatta, Palakkad - 678633

